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BODY - MIND - SPIRIT - WELL-BEING



The After “Light”

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Death, like life, is a process. Those who communicate with the deceased have discovered that Souls who have recently passed, or passed unexpectedly, perhaps in an accidental death, are often not ready to speak for some time after their passing. The Higher Self is able to gather information in regard to how the soul is feeling, but may not be able to access voice communication from the deceased person.

In the same way that a newly born infant spends much of his or her time sleeping and absorbing information while they sleep, the “newly deceased” will spend a period of time in a dream-like or sleep state. Much like an infant will slowly become aware of his or her physical body and will play with their fingers and toes, in a similar fashion, the newly deceased will slowly become aware of and play with their “light body”.

The light body appears to be just as it sounds: a celestial body of light that encompasses the energy of the deceased person. In similar fashion as the infant matures into a toddler and learns to crawl and walk, a deceased soul will learn to move his or her own light body and eventually the deceased soul will learn to communicate. A very young child may first communicate by crying or making indications with his or her physical body. A deceased soul may begin to communicate by moving objects in the earthly physical realm, or by turning on and off electrical appliances. When language development begins for a young child, words of high importance will be learned first, like “mommy, daddy, mine ” and usually one word at a time. When a deceased soul does communicate, especially for the first time, he or she will also say what is most important for them, be it a message of love to their family, or asking for forgiveness for some mistake they feel they made on earth or a message about details in a will.

The souls are usually able to communicate quite clearly at this point, and will use a full range of vocabulary and language skills. This occurs because when souls are ready to speak, their communication has been strengthened by their journey from the living state to the Afterlife. It is further fueled by the passion and excitement generated by seeing their life path clearly and wanting to share all they have learned with their loved ones and the people they shared their life with while on earth.

Sometimes one of the most important messages the deceased will share is an apology or explanation for negative behavior toward a family member. A parent will express his or her love for an adult child, love they might not have expressed during their lifetime. In other instances, the deceased will give advice based on their lives and, ironically, will often urge their loved ones to follow their own paths and not make the same mistakes!

Communicating with the deceased is as wonderful an experience for the Spirit Medium as it is for the client. Spirit Mediums will tell you that connecting a friend or family

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member with a loved one is always an exciting and uplifting experience. There are lessons to be learned about the after life and there are souls who are waiting to teach them! ✨

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Evanne is able to contact and channel voices and information from the Spirit Guides of living human beings and animals – as well as the deceased. Her special gift allows her to focus on relationships, health, career, dream analysis, past life readings and aura readings. (925) 288-

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