

Welcome to the FAQ page! This page addresses many of the questions that clients have asked me over the years. If you have any additional questions, please feel free to contact me by email or phone.

Terminology

What is Psychic Channeling?

Psychic channeling is reading energy of other people, spirit guides, animals, or the deceased by connecting with one's own spirit guide or higher energy. When a channeler makes a connection with another being's energy, he or she is able to "read" the energy. The information may come through as words, visions, pictures or feelings.

What is a Spirit Guide?

A Spirit Guide is one's higher or intuitive self. Everyone has the capacity to access this level of awareness. Intuitive ability is simply another form of intelligence.

Questions about Evanne's personal experiences with channeling

Why do you channel and why do you encourage and teach others to channel?

Psychic Channeling changed my life. It did not change me. It lead me to the real me, to my true dreams and visions, and to my true life purpose.

I believe that everyone can create their own light and create their own life!

Are you giving people answers when you channel?

I am reading energy, people can choose to make their own decisions based on or not based on the information, As I was trained to do by Sanaya Roman and Duane Packer, my teachers and authors of "Opening to Channel", If a person asks a yes or no question, I will usually provide both scenarios, as in if you decide to do this...this is how it will play out or here are the pros and cons of deciding yes and the pro and cons of deciding no ,.People need to know and believe that they are more powerful than any psychic power and that they have free will to change their decisions and courses of action.)

How does channeling feel for you?

Energizing and calming at the same time. It is the best feeling, a feeling of joy and anticipation. Often even before the question is asked, I will have words or visions for me, so I get excited to find out what information is available. I also love reading energy and interacting with another person's energy.

I can channel anywhere- I have done it while riding on BART trains, just to see what I am picking up around me. But when I do readings, the client is the one who asks the questions, -In this way, again, the client is given the power to be in control .to decide what he or she is ready to ask and ready to hear. Spirit guides will never give information to a person before he or she is ready to hear it.

How does the information come to you?

Usually in words, the first word will come and I may not know what the end of the sentence will be, but I will say the first word so that the others will flow. I will also sometimes get visions or images, and will ask Ish to explain them. This happens a lot when I work with artists or with authors, or other folks who are involved in the creative process.

How did you meet your guide?

I took a class with a wonderful woman, Sanaya Roman, who is the author of "opening to channel" and her partner and co-author, Duane Packer. It was not really a traditional class; it was only a day and half long. We did a series of focusing exercises, and then went through guided meditations to help us meet our guide. My guide, Ish, first appeared as a man on a white horse, who rode by and swept me up onto his saddle! Then, we were on a little planet, like the illustrations in "The Little Prince" and Ish was introducing me to 7 beings-which turned out to be aspects of Ish. As I have worked with Ish over the past 25 years, I have realized that Ish is my higher energy and the multiple aspects have given me the abilities in many psychic areas; connecting with the deceased, life issues, health issues, seeing past lives, bringing not only Ish through me, but other peoples spirit guides, as well as bringing through the words of living people about whom the client has asked.

Have you ever seen Ish?

For years, I have only seen a small face with eyes, nose, and mouth when I begin to channel. But recently, after a March 12th refresher channeling class I had given in my home, I saw another very vivid image of Ish. Michelle, my fellow channeling instructor, took a picture of me and as you can see above, an appeared in the mirror behind me. If you turn the image 180 degrees, it is very close to the image on my business card- in fact, in the picture above, you even see the stars in the image!

How did you learn to contact the deceased?

I was not trained to contact the deceased in the channeling class. But a good friend of mine died of AIDS shortly after I took the class, and so I asked Ish if I could contact him and he showed me that I could do so. I usually ask for a

specific date of passing, and details as to how the person died- as to whether it was sudden, unexpected, or old age. I have discovered through the information that has come through when I channel the deceased that depending on how the person died, and how long they have been in the afterlife, determines how much and if they can communicate in words. Death appears to be a process, as is birth. When people first pass, they may be in a sleeping state for some time. Then they gradually learn how to move their "body", which is a body of light, and learn to communicate, send love, etc.

You had an experience in which you contacted your deceased sister?

Yes, I had a sister who died the same year that I was born, so of course I had never met her on this plane. I had had a rebirthing experience in which I sensed her presence next to me in the womb. So when I learned to channel, I contacted my sister. Ironically, the hardest thing for a channel to do is to channel for oneself, but with the help of a friend who asked the questions for me, I was able to bring through her voice.

Have you ever contacted a deceased person who did not speak English?
Were you able to access information?

I have contacted souls who spoke in a language other than English in their lifetime. Ish usually just "translates" the message into English for me and the client.

However, in one instance, Ish began "speaking in tongues". I had no idea what he was saying. But my client was able to interpret the utterances and she let me know that Ish was saying prayers in another language!

What have you learned about death through your work with contacting the deceased?

The most important thing I have learned is that death, like life, is a process. Souls who have recently passed or passed unexpectedly, perhaps in an accidental death, are often not ready to speak for some time after their passing. Ish is able to gather information in regard to how the soul is feeling, but may not be able to access voice communication from the deceased person.

In the same way that a newly born infant spends much of his or her time sleeping and absorbing information while they sleep, the "newly deceased" will spend a period of time in a dream-like or sleep state.

Infants will slowly become aware of his or her physical body and will play with their fingers and toes. In a similar fashion, the newly deceased will slowly become aware of and play with their "light body". The light body appears to be

just as it sounds, a celestial body of light that encompasses the energy of the deceased person.

And just as an infant matures into a toddler and learns to crawl and walk, a deceased soul will learn to move his or her own light body.

Eventually the deceased soul will learn to communicate. A very young child may first communicate by crying or making indications with his or her physical body. A deceased soul may begin to communicate by moving objects in the earthly physical realm, or by turning on and off electric appliances.

When language development begins for a young child, words of high importance will be learned first; "mommy, daddy, mine ", usually one word at a time.

Interestingly, I have noticed that when a deceased soul does communicate, especially for the first time, he or she will also say what is most important for them, be it a message of love to their family, or asking for forgiveness for some mistake they feel they made on earth, or a message about details in a will.

The souls are usually able to communicate quite clearly at this point, and will use a full range of vocabulary and language skills. I believe that this occurs because when souls are ready to speak, their communication has been strengthened by their journey the life to death transitional process and is further fueled by their passion and excitement generated by seeing their life path clearly and wanting to express all they have learned with the loved ones with whom they lived on earth.

Does your voice or manner change when you bring in a deceased soul? Yes, usually my body posture will change, my voice may change. Many times I will feel the emotions of the person I am bringing through, and may become sad, or jubilant, depending on the energy. Twice now I have begun to rhyme and rap in my speech, something I can definitely not do consciously, when I brought someone through. I learned from my client that the person I had contacted had always wanted to rap-and that at the last party he held before he died, he did a speech all in rap. That just blew me away!

Do you receive validation for your accuracy?

Yes, most every time and I thank God and the universe each time I can help a client. When I contact the deceased, for example, and the client tells me that he or she saw and heard their loved one through me, it is always gratifying and amazing for me as well as for the client.

I have been doing this work for over 25 years and my goal has always been to be of help and provide insight. If something is not clear or does not make sense, I will go back and search further for answers.

What do you mean by "past lives"?

I believe that everyone has a multiple of lives on the earthly plane, and that each life is a lesson for the soul. I think of past lives as metaphors, and serve as lessons for the current life. Whenever someone asks for a past life reading, I ask Ish to describe a life that is relevant to the current life, and which teaches a lesson for the current life.

You mentioned that you also can bring forth people who are living? How does that work?

Well, it is not something that I know will happen before it happens. Usually, the question will be about a conflict between the client and the other person. As Ish begins to connect, I will feel other energy and realize it is the other person. I will then channel that person's words.

Do people ask you about relationships? Does the other person in the relationship have to be present? What kind of relationship questions do people ask?

People ask me about relationships all the time. The other person does not have to be present, in fact, the person asking the question does not have to be with me-I do many of my readings over the phone, and I have many long-term clienteles who I have never met in person. When I am channeling I am reading energy and that energy can be accessed easily whether or not the person or persons are present.

People ask about struggles in a relationship, the reasons why they are struggling, and what would help to resolve the issue. They might also ask the about a new person in their life, and ask for a personality description and or if the person is a good match for them.

Of course, I will always tell my clients that I am simply reading energy;-I believe it is very important to teach or remind my clients, that humans have free will and are more powerful than spirit guides, that energy readings can change as time passes.

You always also say that you do not do "predictions"? What does that mean?

Again, I always emphasize the free will of the human spirit. I tell my clients that I will look at what I call "future pictures" and Ish may also give one or more alternative pictures which are dependent on choices made within those alternatives. I have been told many times that things did work out as Ish relayed to the client, but I still believe that free will creates energy and determines choices.

Are you able to access other people's spirit guides?

Yes, I have worked with channeling students and helped them bring their own guides through. I have Ish access their guide, and ask their guide what will help the student gain clearer communication.

I am also able to speak directly to another person's guide and or channel the words on other people's guides.

Do people ask you questions about health problems?

Yes, all the time. Ish sometimes comes up with medical or technical terms that I have never heard of, and they end up being relevant to the question. He is constantly increasing my vocabulary!

I always ask my clients to also consult a doctor, and usually follow up to find out if they are ok!

What does it mean when someone asks you for a life path?

These questions refer to goals, career, spiritual explorations, etc. As life paths can change over time, Ish will access information that is most relevant to the person's life at the time the question is being asked. Of course, we can also access the future pictures if desired.

You mentioned to me that you have taught people to channel? Can everyone channel? Does everyone have psychic abilities?

Yes, I have taught others to channel using the guidelines of my teachers, Sanaya and Duane, and also accessing Ish to help me help my students through the process.

And, yes, anyone who wants to channel, who is open to using the imaginative side of their brain, and who believes that they can and are reading energy, can learn to channel.

Everyone has intuition-just like any other skill, or like working on your muscles through exercise, if you work on your intuition, it will get stronger.

Why do they have to be open to imagination?

Because when you first start to channel, words will come through. But your rational mind will tell you, "you are making this stuff up!" The imaginative side will let the words come through. When you learn to channel, as soon as you learn your guide's name and talk to him for the first time, the next step is to channel for someone else who you do not know. And what happens is that the

other person validates and confirms your answer-you realize then that you are not "making stuff up"- you are reading and channeling energy.

How did you and Reverend Phoenix meet?

Would you believe we met in a preschool? I met Rev.Phoenix on the first day she began teaching at a local preschool where I work part-time. We found out that we were from towns very close to each other in New York and that we were both involved in psychic work.

I was very interested in her work with Tarot, and she was interested in my channeling work. Eventually I taught Rev. Phoenix to channel, and she began to use her connections to her guides in her Tarot readings. We also began to channel for each other which proved very helpful to both of us.

We now teach an "Opening To Channel" class in which we access our guides to help our students connect with their guides and begin to channel. Throughout the class,Rev.Phoenix creates powerful meditations to raise the energy consciousness levels of our students.

We also offer combined readings at parties and events so that our guides could "get together" as well and provide different insights for our clients.

Our "Psychic Partnership" has been going strong for the past four years and continues to do so!

Why do you say that you do not believe in "predictions"? What is the difference between predictions and what you call "future pictures"?

The root word of prediction is diction, or speaking. Pre indicates "before". So in essence the word prediction means speaking before something happens.

I believe that every soul has free will and the right to make choices and that nothing is predestined. Nothing is written or spoken or fated before it happens. I believe that in everyone's life, we are given a series of choices and it is in the moment of choice when two roads are offered that we exert our own free will.

I use the term "future pictures" to offer my clients a view of possible "pictures" or roads ahead, and let them know that these are simply signposts. It is important to be aware of the signs so that you can make conscious decisions when you arrive at life's junctures.

That being said, I have been told numerous times that my future pictures came to be, but I always remind my clients that they have free will and congratulate them on making positive choices.

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Are children naturally psychic?

Yes, most children up until the age of 7 or 8 live and play in their imaginative, creative world. They may have imaginary friends, talk to their dolls; create elaborate scenarios and worlds with legos and building blocks. So they are open to all kinds of psychic exploration. I know of many children who have exhibited psychic behavior, and many of my clients remember having such experiences when they were young. Unfortunately, parents often discourage the psychic exploration and children will lose their awareness and openness to it. I have just finished a Psychic Fairy Tale Book in which the main character is a five year old girl who has an imaginary friend. She closes her eyes and talks to her friend, and asks her questions. In fact, this book is based on my 5 year old niece, Jordan, who has been talking to her "Little Patricia" for quite a while!

What is your mission in regards to your psychic work, and to your own life path? I believe that channeling changed my life-it did not change me-it showed me the real me and gave me the confidence to pursue my dreams. I want everyone to know that psychic awareness can enrich their lives, and is accessible to everyone. Personally, I love my work; I love the joy and confidence it brings to me and to my clients. I would channel 24/7 if I could! I am also beginning to write about my life and how channeling created opportunities for me, what it taught me, how it brought wonderful people into my life. My life path as expressed by Ish to me "is to continue to create joy, to teach, to enlighten others to the adventures and achievements that await them"!

Questions and Answers about Psychic Channeling work

I am a psychic channeler. Sometimes, clients will ask me the same question over and over. They will phrase it different ways in the same session, or ask the question again in another session. How do I handle that situation?

This scenario usually occurs when a client wants a certain answer and is not receiving it in the reading. One way to avoid this pattern is to let clients know that when they ask yes or no questions they are limiting the information that can come through. As a channeler, you can answer yes or no questions by providing a picture of both alternatives. For example, if someone asks you if they should move to a new home or stay in the current home, ask your guide to provide

insight into both scenarios. How will the client's life picture develop if he or she stays in the current home? How will the client's life picture develop if he or she moves?

In matters of the heart, clients may often want a certain answer and ask the question repeatedly in the same or several sessions. From my experience with Ish, although he is always respectful and positive, he will become increasingly direct and clearly describe the energy/state of the relationship. He has, at times, gently reminded the client that the question has been asked several times!

In all of your sessions with clients, it is important to remind them that humans have free will, and that the readings provide information and clarity that clients can use, or not use, depending on their choice, to make their own decisions!
in the information.

I have been communicating with my spirit guide, Ashara, for many years. Recently, I seem to be "hearing" a different voice, or entity. I cannot get a name, but the messages are different in nature and style. Is it possible for your spirit guide to change? Am I going to lose my connection with Ashara?

It is very possible to meet new spirit guides as you grow in your psychic development. Spirit guides may move into your life for a short time, often to complete a specific task or goal that you are trying to accomplish or to help you with a specific emotional or social issue.

You may also ask Ashara about this new guide, and gain information as to why this guide has entered your energy. When you are feeling open to it, welcome the new guide and find out their name. Ask the new guide to also explain the purpose of his/her role in your life's path.

Do not worry about losing contact with Ashara. This is very unlikely, especially if you have confirmed that she is your highest guide.

How do you know you are meeting your "highest guide" when you meet a spirit guide for the first time?

The most important thing to keep in mind when meeting your spirit guide for the first time is check into your physical, mental, and emotional sensations when speaking to your guide.

Is your body relaxed and open, or guarded and closed? Is your mind accepting or questioning? Are you feeling a sense of joy and excitement or fear and doubt?

Once you are sure that your conscious and physical energy is ready, simply ask the guide to whom you are speaking if he or she is your highest guide. As you do so check into your own intuition and notice if you feel aligned with that guide. If you do not feel connected, ask the guide to leave and allow your highest guide to connect with you.

Good Luck on your journey!

Recently, I imagined I was speaking to someone about something, and later on in the week, it turned out that I did have that conversation. How common is that experience? How can I tap into my intuition more frequently? How can I tell the difference between “daydreams” and moments of intuition?

The experience you describe is very common, especially in regard to close friends or family. But it is also indeed a form of intuition! A moment of intuition is different from a day dream in that it will seem to come from nowhere, and will not follow a particular line of thought. In order to tap into your intuition more frequently, each time you do have an intuitive moment, affirm and validate the experience. This affirmation will increase your “psychic radar” and your higher self will begin to pick up more energy and information as you go about your daily activities. You also might want to “exercise” your intuitive “muscles” by seeing what you can pick up energy wise from people you encounter. How much can you tell about a stranger or acquaintance just by their energy, or by how their energy affects you? You will be surprised at the leaps and bounds your intuition will take once you acknowledge it exists within you!

I recently learned to channel and discovered that I have “multiple guides”. What does that mean and how do I work with multiple guides? Who do I call on when I want to channel?

From my experience, I have discovered that many times “multiple guides” are often aspects of one Spirit Guide. There is often a triangle of energy in which one aspect has more feminine or yin energy and one aspect has more masculine or yang energy. Both of these energies are aspects of your Higher Energy-the top of the triangle- or “main” Spirit Guide. You do not need to call on a certain aspect, be it yin or yang when you are seeking answers. The energies will come through as needed depending on the question you are asking. Your “main” Spirit Guide will oversee and direct the necessary energy and information.

By the way, Ish has seven aspects or energies. I believe these different aspects have enabled me to contact the deceased, speak to animal energies, bring in living souls voices and energies, etc, etc. Thank goodness Ish has not told me all seven names-I could never remember them!

How do I create a spiritual meditation spot in my home? I am having trouble channeling for myself and/or meditation because I keep getting distracted.

First, think about what and where in your home makes you comfortable, relaxed, and safe. Is it a room in your home or a place outside in your garden? Do you have a favorite couch, pillow, or comforter? What colors do you like? Then ask yourself "What is my favorite time of day? What do I like to do to relax? After you come up with the answers to these questions, use the information and details you have gathered to create your own special place, time and atmosphere for your meditation and channeling work.

Sometimes when I am doing a reading, my friends/clients will ask about other people. Usually it is very easy to access information, but every once in a while, I am not able to do so. Why does that happen?

Rest assured, it is not you-it is the person who you are trying to read! If a person does not want to be "read", they have the right and power to close off their energy from others. All human souls have free will and the ability to make choices, even on an unconscious level. The best thing to do when this occurs is to let your client or friend know that you are blocked from this particular person's energy at the time. As this does not usually mean that the energy is permanently blocked, you might want to try accessing this information at the next reading.

I am finding it difficult if not impossible to channel for myself. Can you help?

You are right, it is difficult to channel for oneself, because your rational mind continues to question whether or not the information is valid or is just what you want to hear.

One of the best ways to channel for yourself is to give your questions to a friend and ask them to pose the questions to you as if your friend **was you and was asking the questions of your guide.**

For example, if I had questions about the best month to travel, and I wanted to avoid yes/no or black/white questions, I would ask my friend to ask my guide in this way:

What will be the result of Evanne traveling to New York in March?

What will be the result of Evanne traveling to New York in September and how will the results differ from travel in March?

If a friend is not available, another way to channel for oneself is to trance write or tape the questions and answers. Trance writing involves directing the energy and information through your hands and fingers and allowing your hands to write down the words as they are channeled. By keeping your rational mind involved in physical body movements or in using mechanical equipment, you are keeping that side of your brain "busy" which allows your intuitive side and your psychic energy to flow clearly and without hesitation or judgment. Try it!

I have just learned to channel and I am trying to practice contacting my guide. What is the best way to bring one's guide in?

Congratulations on learning to channel! As to your question, there is not one "perfect" way to contact your guide. Each channeler develops his or her own methods. The best approach is to think about what is most comfortable for you and what best suits your nature. For example, if you are an artistic person, you may want to draw or paint images that arise when you channel. If you are a verbal person, you may want to tape record your voice as you begin to connect with your guide. If you are a very social person, the best method may be to ask to channel for friends and relatives.

Remember, it is always easier to channel for other people than to channel for yourself. If you have questions you want to ask for yourself, ask a friend to "pretend" he or she is you, and have that person ask questions of your guide as if they were you. For example, if I have questions I want to ask, I may ask my friend to ask them in this way:

Ish, what does Evanne need to do to focus on completing her book?"

Incidentally, I have found over the years that Ish will often speak to me without me contacting him first. This usually happens when I am most relaxed, either in my meditation room or in my favorite place-the bathtub! It is in those relaxed moments that Ish has often taught me lessons, calmed my anxieties, or told me about "future pictures".

I am interested in getting my first Psychic Channeled reading. What type of questions should I ask so that I get a comprehensive reading?

Interested but wondering

Dear Interested but wondering,

Great question! In order to have a comprehensive reading, it is a good idea to get a general "check-up" in the following areas:

Relationships- Ask what your "relationship with relationships" is to start the questions. For example, "How do I react to new relationships?" Do I bring baggage from old relationships into new ones?" "It is important to get this information before you ask about the current relationship.

Career- Ask about your current career, any changes that may be coming your way and if your career or job is harmonious with your life path and interests

Health- Ask for a general overview of your health and for information about specific health concerns

Family Issues- Ask for origins of family conflicts or concerns, and how to best resolve issues. Be sure to ask specifically about family members that you feel are either helping or hindering your relationship with your family.

Past Lives- Ask for a reading on a past life that is relevant to your current life and has a lesson for you in this life.

Finances- Again, before going into specifics, ask what your relationship with abundance, financial energy, and money is and how you can improve the relationship

Spiritual Path- This is always a good question as it gives you insight into your life purpose and **where you are** in your evolving life path

Deceased Contact- If you have loved ones you wish to contact, it is a good idea to provide the name and time/cause of death for the Channeler, as this will help him or her access the person you are hoping to contact.

I hope you have a wonderful first Channeled Reading!

What is the difference/connection between psychic channelers and tarot readers, tea leaf readers, handwriting analysis, etc?

The connection between all those who work in the intuitive field is that they are all working with their higher energy to access information. Psychic Channelers access their Spirit Guide to read energy of the person who is asking the question or about who the question is being asked. They generally do not use objects or tools other than their "third eye". Tarot readers and other psychics are also accessing their higher energy. The tarot cards, or tea leaves, or handwriting samples simply help to activate and connect these psychic consultants with their

higher energy. The other difference is that in most cases, a client will ask specific questions and get specific answers during channeled readings. Tarot readings and other types of readings may bring up information that the client has not specifically requested. However, it has been my experience and training that the only information that comes through in any type of reading is that which the client is ready and willing to hear!

I am new to the world of psychic channeling. I was wondering if psychic awareness has a role in everyday life, and everyday situations. Can you give me examples of how channeling can be used on a day to day basis?

What a great question! Psychic awareness is simply a form of intuition. Everyone has intuition and may use it without even being aware of it.

For example, have you ever been introduced to a new person by a friend? You may find yourself "having a feeling" about this person's personality, and or whether or not you may want to further the friendship. Have you ever been on a "blind date"? You may know almost immediately if this person is right for you based on "nothing more" than a short conversation. It is not just words that you are exchanging in these encounters. You are picking up energy about the person and it is affecting your feelings and thoughts about the individual.

The workplace is also an environment in which intuition comes into play. If you have ever been involved in interviewing a prospective employee, your colleagues may ask you "What was your reading on the interviewee?" In another instance, if you yourself were the person being interviewed, it is very likely that you will "have a feeling" that your interview was a success or failure.

The more you open your mind to psychic awareness, the more you will see the value of using your "third eye" to help you access information and make decisions as you create your life path!

All About Orbs

What are orbs? Have you ever seen them? Are they always present, or just present when we capture them on film?

According to Ish, orbs are "concentrations of energy that will arise when either nature is abundant and undisturbed or around manifestations of psychic energy by those who choose to tap into the psychic realm. They can be messages/pictures from celestial beings, or healing energy, depending on the particular situation." As you can see in the picture below, I have seen pictures of orbs as taken by Michelle, my colleague and as we like to call her, "Master Orb Collector"! Michelle has taken numerous pictures in various locations and has

found orbs of unusual sizes and shapes, some with colors and even rings around the orbs.



I have not had personal experience in regard to seeing orbs with my own eyes as opposed to seeing them on film, but I do believe that they exist and are not just images that develop on the film after the picture was taken, or a result of dust on the lens. Michelle has actually photographed dust particles and compared them to orbs and has shown me the photos. It is obvious that there is a difference between the dust particles and the orbs. I will try to get some more pictures of Michelle's orb photos in subsequent newsletters.

I asked clients to send in any pictures of orbs they may have taken. I have posted below some of the photos that were sent in. Thank you so very much for your contributions!



I would like to share another orb photo. I was in the Presidio and it was foggy. I took a black and white picture and shoot straight up in to the fog with the flash on. I messed with the gamma setting and this is what I found.

Great! We are delighted to share your picture in our newsletter!



Dear Evanne and Ish,

Have you ever seen orbs in pictures taken of you or your family?

Dear Orb Watcher,
Indeed I have. Take a look!



There are several orbs in this shot. One on my elbow and more around my arm, one on my knee and one above my head on the ceiling. There is also one by my husband Michael's wrist. I think there are more, let me know if you see any that I may have missed!

Answers channeled by Ish

Are the politics on earth manipulated by beings from other dimensions?

(Channeled from Ish) Those beings who travel/have traveled to this planet are sublime and peaceful beings. Their influence on the human mind is through positive and peaceful mind-images that are sent to humans via the intuitive process. Thus we see influences in politics, but ultimately the influences are to instruct the world on how to be a more peaceful place.

The negativity and division and deceit in politics is based on financial greed and gain is a human weakness, once again stimulated and nurtured by a media that constantly promotes "plenty and wealth" despite the reality of hunger and poverty that exist.

What are Ish's thoughts on astrology?

Astrology is a division of the universe into set geographic points that indicate parallel points in time over the centuries during which certain energies are prevalent and powerful influences within that specific time period. The early astrologists considered the night sky to be a visual interpretation of the gods/goddesses powers and attached spiritual /human traits to these "images" or constellations.

As all energy is connected, the stars and planets themselves, as physical bodies containing energy, do send out various energy waves. The energies can affect the tides, and the weather patterns throughout the universe.

As man is subject to being influenced by the environment in which he is living, the exact location of the stars and planets in relation to the earth on a specific time and day can influence the course of action one takes or does not take. The day/time/location in which one is born into the earthly world takes on significance because it indicates the first awareness of the earth's energies. Without speech, sight, or comprehension, the newborn infant is relying completely on sensual stimuli, one of which is the vibration of the energies within his new environment outside of his mother's womb. The child moves from the world within his mother's womb to the world of Mother Earth! The influences of the energies that are prevalent at the exact time and day of this first and very important transition have a major impact on the child's reactions, behaviors and decisions throughout his or her lifetime.

Please ask Ish to tell us what is happening with the weather! Does it mean anything on a psychic level?

I have been curious about this myself as have many of my clients. Here are Ish's comments on the weather:

The dramatic shift in the weather is in response to the very very slow cooling of the earth's inner core. In addition, the heat has continued for a number of days due to a shift in the polar winds.

The earth's core is still extremely hot and will not change or effect the earth's stability for millions of years.

Currently, changes in temperatures in oceans and other large bodies of water are creating changes in sea and aquatic life.

The human population is not at risk. Temperatures will normalize in two-three weeks from this date (07/25/06).

Nature is attempting to balance the drop in the earth's core temperature at this current time. She will also create large amounts of rain in the Fall of this year. On a psychic level we again affirm that the earth goes within to find balance and reminds us that we should do the same.

What are Ish's thoughts on the art of tasseography (reading tea leaves)?

The leaves that settle on the bottom of the tea cup are weighted down with the energy of the client.

The diviner (the person that reads the leaves) consults a series of hieroglyphics that resonate with the pattern on the leaves. It is said that as the client drinks the tea, his thoughts and worries submerge into the surface of the tea and place "weight" on the tea leaves. The particular worry or thought is indicated in the subsequent pattern that develops in the leaves. The diviner reader studies the patterns and by doing so, gains insight into the client's thoughts and concerns.

What are Ish's thoughts on Tarot?

Dear Client,

As with all psychic work, the Tarot reader utilizes the energy of the person he or she is reading to access the information that is desired. The Tarot Cards are "magnetized" by their designer's touch. That is to say, they are designed to draw the client into their energy by blessings and affirmations of the cards. The cards have been in use for many years and have been designed and redesigned but the basic attraction quality of the cards has not changed. Tarot readers align their energy with the energy of the cards to create a neutral safe place so that the client can feel the differences in the energy between neutral space and the increased wave of energy from the various cards. The client is naturally attracted to cards that resonate with the energy of the client's life and or personal concerns.

What are Ish's thoughts on the Saturn Return?

The Saturn return is an individual process that happens for every soul's being every 29-30 years. it marks a change in their overall growth pattern and in their

spiritual development. It is often turbulent and uncomfortable in the beginning - like putting on clothes that do not fit or listening to a voice that is supposed to be your own but does not sound like you. The most dramatic Saturn return is in one's thirties as it is an acceptance of the reality of growing old and passing on. As one matures past that point, the Saturn return feel more familiar and may not cause as much internal stress, they may feel like old friends are coming to visit and there will often be a lot of memories, and recollections from the past during the return.

Saturn returns are natural progressions throughout one's life, they are akin to a "spiritual" yearly physical- except they happen every 29-30 years and you do not need to make an appointment!

What are Ish's thoughts on Star Children?

These are persons that have evolved beyond the sensitivity/intellect levels of humans. They are more sensitive to light and atmospheric conditions. They were created when their DNA was activated by unseen forces or energy that crossed their paths at the moment of conception. Star Children will recognize each other instantly. The purpose of Star Children is to educate others to become more resilient to disease by being more sensitive to the body's distress signals. They are also here to distribute information about language. They will eventually create a universal language and communication pathway throughout the universe.

I am being disturbed by negative energy in my home. What can I do?

Ish says: Negative energy or negative spirits are usually negative because they do not belong in your home. They are "visiting" due to past memory connections. They are not evil or harmful, they are just misdirected. We have asked a special guest, **Reverend Phoenix**, to explain to you how to rid your home of negative energies. Here is her answer:

Holy Water and sage are important elements in the ritual for banishing negative energy and bringing in positive energy to your home.

Holy Water is made by putting spring water under moonlight during a **full moon** to charge it. Add 3 pinches of sea salt to the water and ask the divinity of your choice to bless it. Stir the mixture clockwise three times
Sage is an herb that can be grown and dried, or you can buy sage sticks at metaphysical stores.

Wait for the **new moon**, which is a time of banishing, to do this next step. Sprinkle the holy water **counterclockwise** around the perimeters of each room but most especially in the areas where you have noticed the energy is strongest. Ask the energy to "Leave Now!"

Then go back through the rooms in a **clockwise** direction with the Holy Water and ask for a divine blessing that only positive energy may reside in the home. Lastly, sage your home in exactly the same manner. Go counterclockwise to banish the negative energy, and clockwise to bring in positive energy.